Edison Township

Department of Health & Human Services Division of Senior Citizen Services

Calendar of Events

For July 2014



Edison Senior Citizen Services 2963 Woodbridge Ave., Edison, NJ 732-248-7345

Official Website: www.EdisonNJ.org

Email: seniors@edisonnj.org



Mayor Thomas Lankey Municipal Council Jay P. Elliot, Director of Health & Human Services





Free Hearing Aids for Low Income Seniors Through The Hearing Aid Project

Free, refurbished hearing aids are now available to eligible residents of New Jersey through a unique collaboration between the NJ Dept. of Human Services (DHS) Division of the Deaf and Hard of Hearing, Montclair State University, and Hearing Charities of America. "The Hearing Aid Project" will serve low income seniors throughout New Jersey.

The project involves the collection of used hearing aids, reconditioning the devices and dispensing them to eligible residents. All hearing aid fittings are conducted by licensed audiologists who have agreed to participate in the program.

Hearing aids will be free to qualified participants but the recipients will incur nominal out-of-pocket expenses for ear molds, batteries and a flat fee for repairs after the one-year warranty expires.

To be eligible for "The Hearing Aid Project", individuals must be at least 65 years of age, New Jersey residents and have an income not exceeding 250% of the federal poverty level—\$26,130 if single or \$32,037 per couple. PAAD recipients are income eligible for this program.

Applications forms will be available in the main office of the Edison Senior Center and can be requested by calling 732-248-7345. You can download forms at http://www.nj.gov/humanservices/ddhh/home/index.html, or call the State Department of Deaf and Hard of Hearing directly at 609-588-2648 or 800792-8339.

To donate a used hearing aid to The Hearing Aid Project, please send the device in a padded envelope, box or unlabeled prescription container to:

New Jersey Hearing Aid Project
Department of Communication Sciences and Disorders
Montclair State University
1515 Broad Street, Bldg B
Bloomfield, NJ 07003

or

New Jersey Hearing Aid Project Hearing Charities of America 1912 East Meyer Blvd. Kansas City, MO 64132

Green Dot reloadable debit cards become latest weapon in widespread telephone scams.

Green Dot Money Pak Cards are reloadable, legitimate, debit cards used in money moving by telephone scammers. Using phony promises of cars or millions of dollars, the scammer will advise victims that they must pay an advance payment fee in order to claim their prize through the purchase of a Green Dot Money Pak Card.

The con itself is a type of advance payment scam in which victims may receive what seems to be an award check -- usually one they didn't apply for -- with a request that they then wire part of the payment back to cover some mythical fees. You know the rest -- the victim wires the money, then the check bounces.

Here is how the Green Dot scam works....

The victim is notified by letter or phone call that they have won a prize ranging from a new car to millions of dollars. After gaining the victims confidence, the scammer will request that the victim purchase a Green Dot Money Pak available at many retail outlets including drug stores.

MoneyPaks are designed to be used by individuals to deposit additional money into an existing Green Dot debit card. The scammer will ask the victim to provide details of the card. This information is used to transfer money from the victim's Green Dot card to the crook's own Green Dot card -- and then the money is quickly withdrawn from the crooks card at an ATM.

In other words, it's a money transfer that bypasses the traditional cash-wiring companies and offers a far more effective cloak of anonymity for the advance fee scammers.

But There's More...

To add to the effectiveness of this con, the scam artists may use another trick to delay their discovery. They use "legitimate" checks from active verifiable bank accounts -- either stolen or forged as prize award checks.

This means that banks may accept the check without query and the money may even show up in victims' accounts. A few weeks later, their bogus status is revealed -- by which time the victim has bought the Money Pak and sent the details to the scammer.

Please be aware that if your are requested to purchase a

GREEN DOT MONEY PACK SCRATCHOFF CARD

to pay for any advance fees to obtain a prize,
even if you are promised that the money will be reimbursed to you,
you are involved in a money transfer scam.

State of New Jersey Property Tax Relief Program Update

Property Tax Reimbursement (PTR)

The Governor's Office has expanded access to property tax relief available to eligible New Jersey residents by extending the filing deadline for the 2013 Senior Freeze (Property Tax Reimbursement Program) to September 15, 2014.

Once the completed application is approved (located in a blue paper booklet) a check will be mailed directly to the homeowner.

Any changes to the eligibility requirements and benefit amounts for 2013 property tax reimbursements will not be finalized until the completion of the State Budget that must be adopted by July 1, 2014. This means that the requirements for a 2013 reimbursement, including the income limits, may be changed by the State Budget.

Homestead Rebate

The Homestead Rebate, found in a green paper envelope, had to be filled by December 14, 2013 and required homeowners to call an 800 phone number and answer a series of questions prior to receiving a confirmation number.

Most eligible homeowners will receive their 2013 homestead benefit as a credit applied to property tax bills in August 2014. However benefit amounts will not be finalized until the completion of the State Budget that must be adopted by July 1, 2014. Check your mail box in August for the 2013 Homestead Rebate envelope.

New Jersey's Special Needs Registry NJ RegistryReady

Emergency Preparedness is everyone's responsibility and it is strongly recommended that individuals and families have an evacuation plan. We are aware that there are residents who may require assistance during emergency situations or evacuations, but it is up to you to

identify yourself and/or a family member, regardless of age, who may need additional help in evacuating their homes, sheltering in place without electricity or understanding the severity of a situation in their neighborhood.

The Edison Senior Center staff is offering assistance in enrolling our residents in "NJ Register Ready". This is a free, voluntary and confidential web-based program designed to identify people who may find it difficult to get to safety in the event of an emergency. Information entered into "NJ Registry Ready" is considered confidential and is not available to the public. but will be used and shared during emergency evacuations or situations as deemed appropriate by the Edison Township Office of Emergency Management.

Residents who suffer from impaired eyesight or loss of hearing, limited mobility or who have been diagnosed with a physical, or mental handicap as well as the bedbound, dialysis patients, those on Home Oxygen Therapy or a CPAP machine, or who require 12 to 24 hour at home nursing care are deemed to have a special need and should be registered in "NJ Registry Ready" regardless of age.

For assistance or a paper application, please call Breanna at the Edison Senior Center by dialing 732-248-7345.

About Town

Senior Farmers Market Voucher Program Voucher Distribution Registration for Edison residents is CLOSED.

A representative from the Middlesex County Office for Aging and Disabled Services will be at the Edison Senior Center on *in the near future* to distribute Senior Farmers Market Vouchers to those individuals who have pre-registered. Participants will receive a phone call with the date and time. Four \$5.00 vouchers will be distributed. To each participant. Please note that vendors DO NOT give change if your purchase is below the voucher amount of \$5.00.

Individuals must come in person to pick up and sign for their voucher.

Edison Library Offering Free Basic Computer Classes

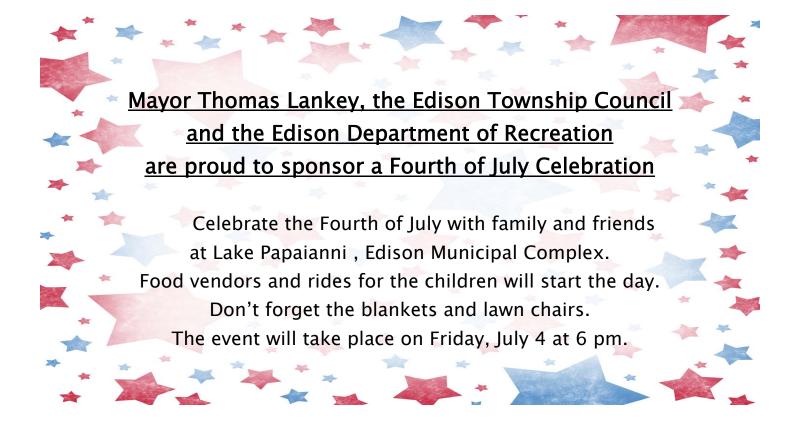
The Edison Public Library will present basic computer classes specifically designed for senior, the technically challenged and those just learning how to us computers. All classes will be offered at the Edison Main Library, 340 Plainfield Ave.



2:30 pm July 10 <u>Excel for Beginners</u> teaches how to execute formulas and use a spreadsheet format that includes charts and pictures.

2:30 pm, July 31 <u>Word for Beginners</u> introduces the basic functions of Microsoft Word 2010, how to create, edit and save a document.

Register in advance by calling the Edison Main Library at 732-827-2298 Ext. 1



Plays in the Park 2014 Summer Season

The Middlesex County Board of Chosen Freeholders and the County Department of Parks and Recreation presents its 2014 Summer Season at Roosevelt Park's Stephen J. Campestral Theatre, Edison.

All performances will begin at 8:30 p.m. Seating and ticket sales are first come-first serve. Price is \$5 for seniors, so bring your own lawn chair and sit under the stars for these performances of:

Sunset Boulevard June 18— June 28 No Sunday Performance

Shrek July 9—July 19 No Sunday Performance

Bye Bye Birdie July 30—August 9 No Sunday Performance

The Box Office opens at 5:30 p.m. Tickets are available the day of the performances.

General Admission is \$7/ Seniors \$5 and Children 12 & under are free.

Middlesex County Solid Waste Management Shredder

Middlesex County will be sending their Shredding Truck to the Edison Municipal Building, 100 Municipal Blvd. on **Saturday**, **July 12**, **2014** to assist you with the FREE shredding of important or confidential documents.



The shredding truck, which can handle large quantities of paper, will be located in the parking lot of the Municipal Building from 9:00 am to noon (or until truck is filled) which ever occurs first. Residents may bring a maximum of 5 file boxes or up to 100 pounds of paper (in a manageable container).

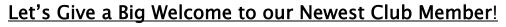
The Edison Farmers Market

Individuals who have received vouchers through the Middlesex County Senior Farmers Market Program, funded by the U.S. Dept. of Agriculture, may purchase New Jersey grown fresh fruits and vegetables now through October at the Edison Farmers Market.

The Edison Farmers Market is open on Sundays only between June 1 through October 26 in the parking lot of the Jade Dynasty Chinese Restaurant on Amboy Avenue.

EDISON
ARMERS' MARKET

Calendar of Events



Bonhamtown: Meghana Kulkarni, Mukund Kulkarni, Kathleen Fate

Stelton: Joan Mihalich, Rafeque Muhammad

Oak Tree: Dawn Maglione

Players Wanted

Fill your summer afternoon in the company of new friends during our summer Scrabble and Mahjong games. We are looking for interested players, so we can start the fun. Beginners Welcome! Anyone interested in joining can register at the Edison Senior Center by calling 732-248-7345.



Chair Exercise Class with Dawn Summer Session Begins July 7

Exercise with Dawn will begin its summer session on Monday, July 7 and end Thursday, August 14. Classes will meet at 9 a.m. on Mondays and Thursdays at the Edison Senior Center.

July 4th Celebratory Lunch Thursday, July 3, 2014

Start your holiday weekend off with a bang as we serve up a special 4th of July Luncheon. Enjoy an all American Hot Dog with Sauerkraut on a bun, Baked Beans, Corn and Red Peppers, 3 Bean Salad and Ice Cream.



Please reserve your lunch one week in advance by contacting Peggy, our nutrition site manager at 732-452-0377. A suggested donation of \$2.25 is greatly appreciated, payable by check to the Senior Meal Program.

Fourth of July Holiday Friday, July 4, 2014

The Edison Senior Citizen Center will be closed Friday, July 4th in observance of the Fourth of July Holiday. Bus transportation will NOT be available. Have a safe and Happy Fourth!!

High Tide, Low Tide, You Decide... Monday, July 7, 2014

Celebrate the tides and memories of summer with a show and tell. Bring in special shells and mementos to share during our tidal menu of Crab Cake with Tarter Sauce, Macaroni & Cheese, Spinach, Corn & Black Bean Salad, and Cookies.



Please reserve your lunch one week in advance by contacting Peggy, our nutrition site manager at 732-452-0377. A suggested donation of \$2.25 is greatly appreciated, payable by check to the Senior Meal Program

Lazy Days of Summer Friday, July 11, 2014

Enjoy the lazy days of summer with a throw back favorite: Egg Salad Platter with lettuce and tomato, Pasta Salad, Carrot Raisin Salad, Beef Barley Soup and Fruit.

Please reserve your lunch one week in advance by contacting Peggy, our nutrition site manager at 732-452-0377. A suggested donation of \$2.25 is greatly appreciated, payable by check to the Senior Meal Program.

AARP Defensive Driving Class

Tuesday, July 15 and Thursday, July 17, 2014

The Edison Senior Citizen Center will host the AARP Defensive Driving Class on Tuesday, July 15 and Thursday, July 17 from 6 to 9 p.m. You must attend the class on both dates. Cost is \$15 for AARP members and \$20 for non-members payable by check addressed to AARP on the first day of class. Registration is required and class is open to all valid licensed NJ drivers regardless of age.

Our next class will take place on Tuesday, August 19 and Thursday, August 21 from 9 a.m. to 12 p.m. For additional information or to register for these classes, please contact the Edison Senior Citizen Center at 732-248-7345.

Plant a Seed, Watch it Grow Tuesday, July 15 and Wednesday, July 16, 2014

BrightStar Homecare is proud to sponsor *Plant a Seed, Watch it Grow* on Tuesday, July 3 & Wednesday, July 4 at 10 a.m.

This free, hands on project includes a free planter to decorate and planting materials. PRE-REGISTRATION IS REQUIRED and is limited to 20 participants per class. (One class per person) Please sign up in the senior center office or by calling 732-248-7345.

<u>Lindeneau & Bonhamtown Senior Clubs to Co-Host Summer Picnic</u>

The Tuesday Lindeneau Senior Club and the Friday, Bonhamtown Senior Club will meet together at the Edison Senior Center on Friday, July 18 for a picnic catered by Elmer's Catering. Bus transportation will be available to members of both clubs who regularly use senior transportation services to attend club meetings.

July Birthday Celebration Tuesday, July 22, 2014

Happy Birthday to all born in the month of July! A special luncheon and cake will celebrate your birthday on Tuesday, July 22. Join us for Stuffed Cabbage w sauce, Mashed Potatoes, Sweet Peas, Tossed Salad and of course, Birthday Cake!

Please reserve your lunch one week in advance by contacting Peggy, our nutrition site manager at 732-452-0377. A suggested donation of \$2.25 is greatly appreciated, payable by check to the Senior Meal Program.

It's National Parks and Recreation Month Wednesday, July 23, 2014

Bring a friend and take a stroll through the park and then join us for a nutritious lunch of Pot Roast, Barley Pilaf, Broccoli, Caesar Salad, Dinner Roll and Fresh Fruit.

Please reserve your lunch one week in advance by contacting Peggy, our nutrition site manager at 732-452-0377. A suggested donation of \$2.25 is greatly appreciated, payable by check to the Senior Meal Program.



The Lunch Bunch Hits the Road to Bahama Breeze on Friday, July 25, 2014



Join the "Lunch Bunch" as we head to Bahama Breeze. At Bahama Breeze you'll find all of your favorites: Seafood, chicken and steak inspired by the flavorful and colorful ingredients of the islands. One bite and you'll be transported to a sun-warmed island where the sand under your feet is soft, and the breeze against your face is cool.

And that refreshing Bahamarita? It's got your name all over it!

Each participant will be responsible for the cost of their meal. Payment is made to the restaurant at check out. Reservations are first come first serve. Bus seating restricts participation to the first 22 individuals. Only registered individuals will be allowed to board the bus the day of the event.

Please call the Edison Senior Center at 732-248-7345 to reserve your seat and indicate if you prefer to be picked up from home or the senior center, or meet us there.

Basic Summer Heat Safety Tips

Summer is here! Follow these basic heat safety tips in order to avoid the dangers of heat exposure. Keep these suggestions in mind:



- During the hottest hours of the day, stay inside. If possible stay inside an air-conditioned building. The hottest hours of the day are typically from mid morning to mid afternoon.
- Dress lightly, and when sleeping, use lightweight, breathable covers.
- Drink plenty of water and other fluids, when temperatures climb above 90 degrees, it's important to drink at least a gallon of liquid per day, preferably water.
- Avoid drinking alcohol and beverages that are carbonated or contain caffeine when temperatures are high, as they can lead to dehydration.
- Keep blinds and curtains closed from morning until the late afternoon to block extra direct heat from sunlight.
- Move your exercise routine to early morning or later in the evening.
- Seek medical care right away if you become nauseous, start vomiting or experience cramps.
- Stay on the lowest level of your home.
- Use a fan. Don't place the fan directly in front of a window because it may push hot air in. Try placing the fan so that it blows in the room and out the window

On the Road Again...

Trip to Taj Mahal in Atlantic City Monday, July 28, 2014





Trip Registration Deadline is July 18, 2014.

Cost: \$22.50 per person.

Price includes deluxe motor coach & a \$25.00 bonus slot dollars.

Hunterdon Hill Playhouse Trip "Beer & Broken Hearts" Thurs., August 21, 2014

Enjoy a NEW Country Music Branson style show with lively and fun tunes about booze—and it's effect on people along with tender country ballads about broken hearts. Don't miss this special event starring the Tim Gillis Band.

Cost: \$70 per person.

Price includes deluxe motor coach, luncheon, dessert buffet and performance.

Trip Registration/Payment Deadline is July 10, 2014

Water Gap Trolley Tuesday, September 30, 2014

Enjoy a day in the country on a trolley tour of the historical Delaware Water Gap area. Following your tour you will travel to Big A Grillehouse for lunch and the Gerry Gessie "Duo" show.

Cost: \$65 per person

Price includes deluxe motor coach, trolley tour, luncheon and performance.

Doolan's Holiday Spectacular Thursday, December 4, 2014

The wonderful songs and spirit of the Holidays will be rekindled at Doolan's Spring Lake as we gather together for lunch and to celebrate the season at their Radio City Tribute Holiday Spectacular with Mike Byrne.



Cost: \$ 68 per person

Prices includes deluxe motor coach, luncheon, and performance.

Trip Registration/Payment deadline is November 10, 2014.

All trips are open to the community, so ask your friends to join you.

Reservations will be taken on a first come/first serve basis. Full cost of trip must be paid at the time of reservation.

For more information please contact Breanna or Judi in the senior center office at 732-248-7345.



Edison Senior Center July 2014

| BUILDING CLOSED Edison Township 4th of July Celebration 6pm-10 | 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served Lazy Summer Days 12:00pm Bonhamtown Senior Club | 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Bonhamtown Senior Club 12pm Bonhamtown Stelton Picnic Taj Mahal AC Trip Deadline | 9:30am-4:30pm Senior ID's 11:30am Lunch Bunch Bahama Breeze 11:30-12:30 Lunch is Served 12:00pm Bonhamtown Senior Club | |
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| 3 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 4th of July Celebration 1:00pm Oak Tree Senior Club 6:00pm Open Social Evening | 10 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 1:00pm Oak Tree Senior Club 6:00pm Open Social Evening | 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 1:00pm Oak Tree Senior Club 6:00 AARP Defensive Driving 6:00pm Open Social Evening Hunterdon Hill Trip Deadline | 9.30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 1:00pm Oak Tree Senior Club 6:00pm Open Social Evening | 9.30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 1:00pm Oak Tree Senior Club 6:00pm Open Social Evening |
| 9:30am-4:30pm Senior ID's 10:00am Edison Line Dancing Club 11:30-12:30 Lunch is Served 1:00pm Clara Barton Senior Club | 9 9:30am-4:30pm Senior ID's 10:00am Edison Line Dancing Club 11:30-12:30 Lunch is Served 1:00pm Clara Barton Senior Club | 9:30am-4:30pm Senior ID's 10:00am BrightStar Plant a Seed, Watch it Grow 10:00am Edison Line Dancing Club 11:30-12:30 Lunch is Served 1:00pm Clara Barton Senior Club | 9:30am-4:30pm Senior ID's 10:00am Edison Line Dancing Club 11:30-12:30 Lunch is Served Parks and Recreations 1:00pm Clara Barton Senior Club | 9:30am-4:30pm Senior ID's 9:30am-4:30pm Senior ID's 10:00am Edison Line Dancing Club 11:30-12:30 Lunch is Served 1:00pm Clara Barton Senior Club |
| 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Lindeneau Senior Club Mtg 6:00pm Open Social Evening 6:30pm Line Dancing Instruction | 8 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Lindeneau Senior Club Mtg 6:00pm Open Social Evening 6:30pm Line Dancing Instruction | 9:30am-4:30pm Senior ID's 9:30am-4:30pm Senior ID's 10:00 BrightStar Plant a Seed, Watch it Grow 11:30-12:30 Lunch is Served 12:00pm Lindeneau Senior Club Mtg 6:00 AARP Defensive Driving 6:30pm Line Dancing Instruction | 9:30am-4:30pm Senior ID's 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served July Birthday Celebration 12:00pm Lindeneau Senior Club Mtg 6:00pm Open Social Evening 6:30pm Line Dancing Instruction | 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Lindeneau Senior Club Mtg 6:00pm Open Social Evening 6:30pm Line Dancing Instruction |
| | 9:00am Exercise with Dawn 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served The Tides and Memories Show & Tell 12:00pm Stelton Senior Club Mtg | 9:00am Exercise with Dawn 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Stelton Senior Club Mtg | 9:00am Exercise with Dawn 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Stelton Senior Club Mtg | 9:00am Exercise with Dawn 9:00am Exercise with Dawn 9:30am Taj Mahal AC bus trip 9:30am-4:30pm Senior ID's 11:30-12:30 Lunch is Served 12:00pm Stelton Senior Club Mtg |